

2026 HFI FUNDING REQUEST

REQUESTING ORGANIZATION

YMCA OF DEKALB COUNTY

Address: 533 North Street Auburn, IN 46706

Phone: 260-925-9622

SIGNATORY

Bob Krafft

MISSION STATEMENT

Building relationships to connect people to Christ.

PROJECT:

Through YMCA memberships, health/wellness seminars, health seekers program, ActivTrax, training sessions.

TARGET POPULATION:

Target population we are trying to reach are those individuals that are not physically active and those that are at risk of chronic diseases. 110

OUTCOMES:

For 2026 at least 110 participants will complete a 6 month wellness program at the YMCA. At the end of the 6 month program: 1. participants will have the knowledge and know how to live a healthy lifestyle. By continuing to practice what they have learned, they will decrease their chances of developing a chronic disease. 80% of chronic diseases are driven by lifestyles. 2. At least 60% of the participants will continue to practice a healthy lifestyle a year after the program, because of the community they continue to be a part of, within the YMCA.

HEALTH EQUITY STATEMENT:

To allow those at risk of a chronic disease to gain the knowledge of how to live a healthy lifestyle.

BUDGET REQUEST:

\$30,000.00

BUDGET JUSTIFICATION:

\$30,000. YMCA memberships, staff planning/facilitating, marketing/promoting, healthcare professionals (speakers), program supplies/materials, incentives, support staff (registrations, etc.), assessments pre/post, trainers, meeting space.

SUSTAINABILITY PLAN:

To continue to provide the community the knowledge and know how to live a healthy lifestyle. Through health/wellness seminars, health seekers, ActivTrax, and training sessions.

DIGITAL SIGNATURE:

Jon Lies